

ALEXANDRIA COMMISSION ON AGING MEETING

Thursday, June 9, 2016, 4:00 pm – 6:00 pm

Meeting Location
2525 Mt. Vernon Avenue, Cyphers Conference Room

AGENDA

MEMBERS: Please read all attachments and bring this packet of materials with you to the meeting.

1. Call to Order
2. Approval of Agenda
3. Welcome Guests
4. Approval of May minutes– see attached
5. Public comments – please limit your comments to 3 minutes
6. Special Presentation: Hospital Admission and Discharge Issues – James Meenan, Director, Case Management and David Ogilvie, Assistant Director, Case Management, Virginia Hospital Center
7. Executive Committee Report – see attached
8. Discussion / Action Items
 - A. Swearing in new officers
 - B. Annual Report
 - C. Committee Meetings– see attached
9. Liaison Reports

Liaison Reports - Please provide a written summary to be included in the minutes. No oral reports.

 1. Alexandria Police Department – Ian Torrance
 2. Housing Affordability Advisory Committee – Bill Harris – see attached
 3. Division of Aging and Adult Services – Terri Lynch
 4. INOVA Alexandria Hospital – Ann Harbour
 5. Human Rights Commission – Michael Kreps
 6. Commission for Women – Elisabeth Palmer Johnson
 7. AHA – Jane King
 8. AARP – Jane King
 9. St. Martins Senior Center– Kathryn Toohey – see attached
 10. Virginia Hospital Center – Mary Belanich
 11. Partnership for a Healthier Alexandria – Mary Parker
 12. Commission on Persons with Disabilities - Mary Parker
 13. Senior Center @ Charles Houston – Vanessa Greene – see attached
 14. Senior Services of Alexandria – Mary Lee Anderson – see attached
 15. Recreation, Parks and Cultural Activities – Margaret Orlando
 16. Arlington County Commission on Aging – Mitch Opalski

17. Successful Aging – Darrell Wesley
18. Alexandria Adult Day Services Center – Darrell Wesley

10. Committee Updates

1. Housing – Chair, Jan Macidull– see attached
2. Advocacy and Legislation – Chair, Bob Eiffert
3. Communications /Outreach – Chair, Jim Lindsay;
Vice Chair, Joan Dodaro
4. Transportation – Chair, Alan Dinsmore
5. Economic Development – Chair, Mary Lec Anderson – see attached
6. Strategic Planning – Chair, Jane King
7. Diversity Committee

11. Other Business
12. New Business

Next Commission Meeting: Thursday, September 8, 2016, 4pm, DCHS, 2525 Mt. Vernon Avenue, Cyphers Room , Alexandria, VA 22301

Next Executive Committee Meeting: Tuesday, August 29, 2016, 3pm, 4401 Ford Avenue. Go to Suite 103.

COMMISSION OFFICERS: Carol Downs, Chair
Bob Eiffert, Vice Chair
Secretary, Jane King

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans With Disabilities Act (ADA). An individual with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999 (TTY 703.836.1493). Please provide at least 7 calendar days advance notice.

**Alexandria Commission on Aging Minutes
May 12, 2016**

Members Present: Carol Downs, Bob Eiffert , Jane King, Mary Lee Anderson, Charles Bailey, Sharon Dantzig, Cedar Dvorin, Christine Fulgencio, David Kaplan, Pat Killeen, Michael Kreps, Jim Lindsay, Lois Lipson, Jan Macidull, Mary Parker, Del Pepper, Babs Waters

Members Excused: Alan Dinsmore, Joan Dodaro, Elisabeth Palmer Johnson

Liaisons Present: Vanessa Greene, Senior Center @ Charles Houston; Kathryn Toohey and Luis Angel, St. Martins Senior Center; Margaret Orlando, Recreation, Parks and Cultural Activities; Darrell Wesley, Alexandria Adult Day Services Center; Mary Belanich, Virginia Hospital Center; Ian Torrance, Police Department

Staff Members Present: Terri Lynch and Debbie Ludington, Division of Aging and Adult Services

Guests Present: Erika Stratmann, AARP; Kevin Killeen, visitor; Laura Nichols and Ramona Wilson, Ombudsman Program; Nathan Baker, Dementia Expert

The minutes of the April 14 meeting: Approved with one correction. Christine Fulgencia was present at the April meeting.

Call to Order: The meeting was called to order at 4:05 p.m.

Approval of Agenda: The agenda was approved as distributed.

Approval of Minutes: The minutes of the April 14, 2016 Alexandria Commission on Aging meeting were approved with one correction. Christine Fulgencia was present at the meeting.

Special Presentation: Long-term Care Ombudsman Program. Laura Nichols, Director, Northern Virginia Long-Term Care Ombudsman Program [NVLTCOP], and Ramona Williams, with the NVLTCOP, specializing in serving Alexandria.

The LTCOP is federally mandated under Title VII of the Older Americans Act. The Northern Virginia program covers Arlington, Fairfax, Loudoun, and Alexandria. Volunteers are very important to the program. There are forty to fifty volunteers. The program covers nursing homes, assisted living, and community based care services. Services are free. Local jurisdictions cover most of the cost of the Northern Virginia program supplementing the federal and state funding. The goal is to promote elder rights and the highest quality of care. Currently there are 107 facilities with 10,000 beds; increases are expected. They want to make sure residents know their rights and feel empowered. Ombudsmen educate families as well. The intake line is used by residents and families and the community. The program can provide information to callers on the kinds of investigations occurring. Ramona

provided a list of the most common complaints. Laura explained that investigation is the last step. Residents are encouraged to talk directly with the right people in the facility. Negotiation is necessary, so that a friendly relationship must be maintained. Ombudsmen meet with resident councils. They educate and focus on rights and subtle abuse. They also train facility staff.

Jan Macidull raised the question about the issues reported to Medicare about problems in facilities. She had an experience with a facility that was ranked as excellent but had serious problems. Complaints about facilities go to licensing agencies, which may report. Facilities know when they will be inspected. Sometimes they increase staff for inspections. Those seeking care should make visits and check staffing levels, etc. Are there complaints about accommodations? There are at times, to include such issues as hearing aids. It is a right to state a grievance without retaliation. Consent is required for ombudsmen to voice the complaint. Ombudsmen are resolution focused. Some facilities have family councils. Volunteers commit to one year of service.

Funding – NVAN and AARP are working to obtain more funds from the Virginia General Assembly. In Northern Virginia, we have one ombudsman for every 2,000 beds because our region adds funding. The rest of the state does not have the number of ombudsmen mandated by the General Assembly.

If lawyers are involved, the ombudsmen do not participate. LTCOP staff has the legal authority to look at the medical records of the person who brought the complaint; they do find problems. They do give out information about licensing agencies and Legal Aid, but very rarely consult with police. Ombudsmen are not mandated reporters, and cannot contact APS unless resident chooses. They do work jointly with APS at times.

Jim Lindsay sees hoarding problems in his home care business and asked about hoarding. Jim contacts APS about these cases. Laura said that there have been problems in private adult day care centers.

Who are the volunteers? Most are retired professionals. They want to work with people and they feel they get more back than they give. They do have volunteer celebrations, but the volunteers are very pleased with their work and say they don't need them.

Executive Committee Report: Report submitted with Agenda.

Election of Officers: Jan Macidull, David Kaplan and Joan Dodaro served as the nominations committee. They recommended the slate to include Carol Downs, chair, Bob Eiffert, vice chair, and Michael Kreps as secretary. There were no nominations from the floor. It was moved and seconded to close the nominations.

It was moved and seconded that Carol serve as chair. Two abstentions. Carol and Del. It was moved and seconded that Bob Eiffert serve as vice chair. One abstention. Del. It was moved and seconded that Michael Kreps serve as secretary. One abstention. Del. Del abstained because City Manager recommended that the Council members not vote on boards and commissions.

2016 Awards Program: Bob reported that it was an excellent program, over 100 people there. Vanessa had a bus load come from the senior center. Everyone was pleased with the event. Carol thanked Debbie for all the work she did.

Update on City Budget: Bob reported that the City Council adopted a package that would be funded by the three cent tax increase. Del was thanked for her role in resolving the Charles Houston Krunch Bunch issue that would have defunded the program. The ARHA board voted to put \$50,000 into the program, and the other \$50,000 came from city budget. Vanessa also helped by bringing in the Krunch Bunch to speak on behalf of the programs. The dental program was also promoted more than it ever had been before, and this was very important. This Commission came out for it early, and made it a major issue. Del said that, because of the advocacy of the Commission and the way we do it, cuts to services for older residents have been avoided.

Neighborhood Health received an additional \$100,000, and Complete Streets an additional \$700,000. Del reported that there have been few complaints about tax increase so far.

Alexandria's is one of the lowest tax rates in NoVA, except for Arlington.

Liaisons:

Alexandria Police Department: Ian Torrance reported that there have been no conclusions reached about the bike accident at Duke Street and Taylor Run Parkway that left the cyclist in a coma.

Successful Aging: (Report submitted with agenda.) Darrell Wesley reported on the success of the Robust Walkathon.

Alexandria Adult Day Services Center: (Report submitted with agenda.)

Housing Affordability Advisory Committee: (Report submitted with agenda.)

Division of Aging and Adult Services: Terri reported that the state is moving toward requiring Medicaid clients to be enrolled in managed care. Managed care companies are trying to enroll hospitals, physicians, home health agencies, adult day care and personal care. It is unlikely that all nursing homes will join all the managed care companies. If managed care is done well, patients have someone who actually manages care. Managed care must cover everything that Medicare and Medicaid do, but can add more. RFPs are out now. We have to monitor closely. NVAN successfully advocated for an ombudsman for the current managed care model. Managed care companies have come to the Adult Day Services Center and DAAS to ask for Letters of Intent to participate prior to the companies' response to the RFP. That is not appropriate, but we will be part of any approved managed care network.

Human Rights Commission: Michael reported that the commission is beginning to coordinate aging LGBT issues, but is in early stages.

AHA: Jane noted that AHA's Fifth Anniversary Celebration is on May 17 at Temple Beth El.
AARP: Jane reported that the state advocacy team will meet on May 18.

St. Martin's Senior Center: Report submitted with agenda.

Virginia Hospital Center: Mary Belanich reported that she is the coordinator for the local Phillips Lifeline program. The Hospital provides the service for two months free if patients are vulnerable. The hospital has a Lifeline Assistance Fund. Mary can arrange for service for those who are not Hospital Center patients.

Commission on Persons with Disabilities: See attached.

Senior Center at Charles Houston: (Report submitted with agenda.)

Senior Services of Alexandria: (Report submitted with agenda.)

Committee Updates

Housing Committee: Report submitted with agenda.

Advocacy and Legislation: NVAN had its brainstorming session in April, will choose priorities in May.

Transportation: Report submitted with agenda.

Economic Development: Report submitted with agenda. Mary Lee said the committee is expanding Silver Service around city. Babs is recruiting in the West End. Terri and Mary Lee have joint article in Gazette.

Strategic Planning: Jane reported that four City Council members have approved the Commission's applying for the AARP/WHO Age Friendly Community Network, as has the mayor.

Diversity Committee: Report submitted with agenda.

Governor's Conference on Aging

Jane reported that it was an excellent conference. DARS will be issuing reports on the conclusions reached by participants in livable communities, financial security and culture change.

The meeting was adjourned at 6 PM.

Respectfully submitted,
Jane King, Secretary

Executive Committee Meeting Summary
May 31, 2016, 3:00 PM
4401 Ford Avenue, Alexandria

1. Approval of Agenda

2. Discussion Items:

Planning for June 9 Commission meeting

- Presentation "Hospital Admissions and Discharge Issues" - James Meenan, Director, Case Management and David Ogilvie, Assistant Director, Case Management, Virginia Hospital Center (Carol will solicit questions from COA members that will be sent to the speakers prior to June 9)
- Swearing in of COA Officers - Councilwoman Del Pepper
- COA Annual Report (Terri will send all COA Committee Chairs a copy of last year's Annual Report)
- Discussion and obtain permission of all (present) COA members giving authorization to Executive Committee to make decisions, and vote, on emergency issues that impact the COA before the September 8 COA meeting
- Diversity Committee efforts to increase diversity in the COA membership and need to identify leaders from diverse communities, to be ambassadors to a specific community to expand access to existing DAAS and City services. Also, the Committee is looking for a new Chair

3. Tentative schedule for future COA meetings

- September - Complete Streets Presentation - Hillary Orr, Complete Streets Coordinator
- October - ARHA Presentation - Roy Priest, Executive Director
- November - Presentation on Fall Prevention - DAAS staff who went to national training with Alexandria Fire Department staff
- December - Emergency Services - City staff

4. Committee Reports

5. Next meeting - June 27, 3:00 PM, 4401 Ford Ave., 12th floor Conference Room

Report submitted by Carol Downs, Chair

Commission on Aging
Committee Meetings FY 2016
Updated 6-1-16

| | | | |
|------------------|------------|----------------------------|--|
| <u>June</u> | | | |
| 1 | 10:00 a.m. | Economic Development Comm. | Emma's Espresso and Wine Bar, 106 Hume Avenue |
| 9 | 4:00 p.m. | Full Commission | 2525 Mt. Vernon Avenue, Cyphers Room |
| 9 | 6:30 p.m. | Transportation Committee | Emma's Espresso and Wine Bar, 106 Hume Avenue |
| 20 | 5:30 p.m. | Housing Committee | First Baptist Church, Room 242, 2932 King Street |
| 27 | 5:30 p.m. | Diversity Committee | Panera, 3201 Duke St. |
| <u>July</u> | | | |
| 6 | 10:00 a.m. | Economic Development Comm. | Emma's Espresso and Wine Bar, 106 Hume Avenue |
| <u>August</u> | | | |
| 29 | 3:00 p.m. | Executive Committee | 4401 Ford Ave., go to room 103 |
| <u>September</u> | | | |
| 1 | 10:00 a.m. | Economic Development Comm. | Emma's Espresso and Wine Bar, 106 Hume Avenue |
| 8 | 4:00 p.m. | Full Commission | 2525 Mt. Vernon Avenue, Cyphers Room |
| 8 | 6:30 p.m. | Transportation Committee | Emma's Espresso and Wine Bar, 106 Hume Avenue |
| 19 | 5:30 p.m. | Housing Committee | First Baptist Church, Room 242, 2932 King Street |
| 26 | 5:30 p.m. | Diversity Committee | Panera, 3201 Duke St. |

MEMORANDUM

TO: Commission on Aging
FROM: Bill Harris, CoA Liaison to the Alexandria Housing Affordability Advisory Committee
DATE: June 3, 2016
SUBJECT: Alexandria Housing Affordability Advisory Committee Report

The AHAAC met today in its regular monthly meeting at 7 PM yesterday in room 2000 at City Hall.

1. The major, and basically the only, matter considered at the AHAAC June meeting was an "Introduction to the Low Income Housing Tax Credit Program." The presentation is *very complicated* but following are some highlights:
 - a. Helen McIlvaine, Director of the Office of Housing gave an overview.
 - i. The LIHTC program is for the sole purpose of funding/subsidizing affordable housing for people with incomes 60% or less of the AMI (Area Median Income).
 - ii. Money is provided by the Federal Government through the IRS and distributed in Virginia by the VHDA (Virginia Housing Development Administration).
 - (1) The federal annual allocation for the US in 2016 was \$2.35 per person.
 - (2) Virginia was allocated about \$1.7 million.
 - iii. There are two basic programs
 - (1) The best are "9% credits" which provide the most money but are competitive.
 - (2) The second are "4% credits" which provide less money but are *not* competitive.
 - iv. To qualify for LIHTC funding a project must rent at least 20% of the units to people with incomes at 50% of the AMI, or 40% at 60%.
 - (1) Renters at these income levels will pay no more than 30% of their income for rent.
 - v. Each year VHDA issues a "Qualified Action Plan" (QAP) details the conditions on which the competition is based.
 - vi. The rules and paperwork are very complicated and time consuming.
 - b. Alan Goldstein, in charge of development for AHC, Inc. (Arlington Housing Corporation)
 - i. AHC is a mission driven nonprofit established in 1975 that has developed affordable housing in the mid-Atlantic area
 - (1) Their properties worth over \$1 billion.
 - (2) Have over 7,000 apartment units
 - (3) Annual rent income is over \$80 thousand.
 - ii. Value to commercial lenders comes in the form of credit on their income taxes.
 - (1) Once investors have calculated how much income tax they owe that amount is reduced, dollar-for-dollar, by the amount of tax credits purchased, and possibly more.
 - iii. Generally only the larger and more experienced developers benefit from this funding source.
 - iv. Jackson Crossing, a recently opened 78 unit affordable housing facility in Alexandria was funded in large part by LIHTCs.
 - c. Paul Rhodes, in charge of development for Wesley Housing gave a presentation on how they used LIHTCs to help fund the redevelopment of the Lynhaven apartments at Reed and Commonwealth.
 - d. Jon Frederick, Executive Director for Alexandria Housing Development Corporation gave a presentation on how LIHTCs will help fund the King Street Gateway project with 72 units of affordable housing.
 - i. VHDA has not yet announced which projects will be funded, but the Gateway project scored the third highest number of points, and funding is anticipated.
2. Briefly reported on other business
 - a. AHDA is moving forward with the Carpenter Shelter projected of 98 affordable units
 - b. ARHA continues to meet with neighbors of the Ramsey project with whom they *may be* reaching agreement, but there is no agreement with the City on costs, which are still too high.

For any questions I can be reached at wpbarris@comcast.net or 703-684-6432.

The Senior Center @ Charles Houston COA Report – May 2016

May program highlights for The Senior Center @ Charles Houston include:

- Review of the May Activity calendar with program participants
- Another successful and beautiful Mother's Day event with our ladies donning an array of hats and strutting their "stuff" in the hat parade
- Comfort & Cheer Discussion Group w/Debbie Latimer
- Tai Chi, Arthritis Exercise & Golden Zumba classes
- "Successful Aging Discussion Topics" where various topics are listed on the dry/erase board pertinent to aging and the aged viewpoint; each table chooses a topic and discusses opinions and thoughts and after a period of time, thoughts are revealed to the group at large. This continues to be a very effective tool in enhancing cognitive stimulation
- Our gardening/planting project with our "Burgundy Buddies" of Burgundy Farm School was an overwhelming hit. Various flowers as well as spices and lettuce were planted. The plantings were divided amongst both our center participants and students and both groups will be monitoring the progress of their plants for show and tell at our end of the year activity in June.
- Two representatives from Northern Virginia Community College gave an informative presentation on the "Naturals" program, where senior adults are offered the opportunity to take classes at no cost
- Katie Leonard of the Partnership for a Healthy Alexandria conducted a "Healthy Aging & Other Concerns" discussion with our participants. During this session she solicited the opinions and thoughts of our participants in what their interpretation of aging healthy means as well as gaining insights to the health needs of minority elderly
- Krystal Patel, Del Ray Walgreens pharmacist gave a presentation on adult on-set allergies and asthma and treatment options
- I HEART Seniors, LLC provided another delicious breakfast for our participants
- Participation in the annual Senior Health & Fitness Day activities at Lee Center sponsored by Successful Aging Committee and Senior Services of Alexandria

Our participants were also engaged in our regularly scheduled activities that include bingo, 5 cent pokeno, weekly shopping trips to DMV area malls/stores, and cognitive games/activities.

Submitted By,

Vanessa K. Greene
Senior Center Director



June 2, 2016

To: Commission on Aging
From: Mary Lee Anderson, Executive Director
Senior Services of Alexandria
Subject: Update on Senior Services of Alexandria

The June 15 Senior Speaker Series event, **“Educational & Cultural Activities and Civic Engagement for Seniors”** is taking place at Beatley Central Library at 5005 Duke Street from 10 am to 12 noon (Registration starting at 9:30). It will be a fun event with speakers from Visit Alexandria, Carlyle House and the Office of Historic Alexandria talking about Alexandria’s historic sites and events, including the making of the PBS program “Mercy Street” which is based on Civil War events that took place in Alexandria. There will also be a discussion about local theatre and the upcoming September class of the “Senior Academy” offered to seniors in the City who want to learn more about how the City operates and how they can make a difference! The event is FREE with light refreshments. To register go to www.seniorservicesalex.org or call 703-836-4414, ext. 110.

SSA’s Annual Meeting will be held on Wednesday, June 22 from noon-1:30pm at Goodwin House Alexandria. Mayor Allison Silberberg will be our guest speaker, and we will be honoring departing Board members Del Pepper, Carter Flemming, Mike McCaffree, and Gordon Kromberg. We’ll also welcome incoming Board members Susan Behnke, Will Bailey, Kitty Porterfield and Laurie Blackburn. Invitations were mailed to all Commission members last week, and we hope that you will be able to attend!

**Alexandria Commission on Aging
Housing Committee Minutes**

May 16, 2016

First Baptist Church, King St., Alexandria

Attendees: Charles Bailey, Carol Downs, Bob Eiffert, Bill Harris, Jane King, Terri Lynch, Jan Macidull

Absent: Mary Parker

Guest: Jon Frederick, Executive Director, Alexandria Housing Development Corporation

Agenda Item: Agenda Approval

Presenter: All

Discussion: See proposed agenda item for next meeting. Today's agenda okayed.

Action: Approved unanimously

Agenda Item: Alexandria Housing Development Corporation

Presenter: Jon Frederick

Discussion

"Potential Criteria for Reviewing Development Projects" were distributed by Jan and Terri Lynch to attendees, to consider as Jon and future presenters discuss upcoming development projects. (These "draft" criteria will be reviewed by members. Their input will be synthesized by Carol, Jan and Jane prior to discussions with P+Z re. their development review process.)

Related: Jane King noted that she is proposing a session on livable, affordable housing at this fall's Governor's Conference on Housing. This presentation could build off such criteria.

Bill Harris introduced Jon, who worked for the City's Office of Housing and Volunteers of America prior to becoming AHDC's 4th Executive. When he came on in July 2015, there was one additional PT employee. Now 2 FT plus John. One deals with resident outreach and services (Marguerite Benson-West, who previously worked for LISC in Toledo).

Jon opened by saying "An assisted living facility is going to happen." There is real support within the City for this. Just need money. Bill Harris has shown him a workable model and facilities this could be modeled after.

AHDC was founded in 2004 with City support. It is a not-for-profit developer that works within the City, similar to ARHA. Other not-for-profit developers weren't coming into Alexandria at that time. AHDC has an independent board of directors. AHDC is a developer only and does not provide services to residents in the housing it creates. They are HUD's CHDO for Alexandria.

AHDC projects:

2008, joined the Potomac Yard planning process and now owns the 64 units of housing and commercial space in that facility. 20% of that housing is workforce for which tax credits are not available.

2008 or 2009, City passed 1 cent property tax for affordable housing.

2011, Three RPJ garden style apartments bought and transferred to AHDC. Arbello has been renovated and includes new accessible units. Longview and Arbello total 75 units. Lacey Court has 44.

Current:

Corner of King and Beauregard, 74 units ("The Gateway at King and Beauregard"). A mini-Shirlington style mixed use retail community. Funding looks very positive – final rankings next week. This would involve \$5.5 million for the City's Housing Trust Fund. Can aim for low income residents: 10% of affordable units will be for those at 40% AMI and below; 40% will be for those at 50% AMI and below; and 50% will be for those at 60% and below. 8 units fully accessible. Elevator building. Didn't do universal design but could do in the future. All door widths 36". More units are adaptable than accessible. LEED compliant. Have any units been designated for DCHS clients who need supportive services? Not by design. Many of these clients are below the AMI levels included. The site includes 3 buildings: 1) 278 market rate on top of a Harris Teeter; 2) Middle building with 3000 square feet of retail and some small office space; 3) a new office building with 10,000 square feet of office space. Bus rapid transit station will be onsite. City is upgrading the intersection. Groundbreaking expected October 2016, with AHDC piece beginning 3rd quarter 2017. AHDC is buying the air rights for its units.

Renovation of Lacey Court. 18 units are at 50% AMI and below, with the remaining at 60% and below.

Carpenter's Shelter: Have signed an MOU with them, to purchase their space, demolish and build a new shelter. That will be topped with 100 units of affordable housing. Go to the Planning Commission this fall. Braddock Road neighbors are supportive. This fits with plans for that block. No rezoning is required. Will be six stories, with underground parking. 10 units will be supportive housing efficiencies.

In the works:

Alfred Street Baptist Church has signed an MOU with them. They want to expand their sanctuary. Their total property is extensive and includes 75 units of affordable housing. AHDC would help find replacement housing for these residents. This project is in a very preliminary stage.

Looking for niche projects in the City such as assisted living. The major challenge for the City is how to pay for services.

Funding resources: the State's Affordable Housing Trust fund will be approached this fall for funds, including for the Carpenter Shelter. The National Housing Trust Fund (first approved in 2010 but just now funded) will make funds available through the state office.

Supportive housing resources: APA reserves 10% of its housing for permanent supportive housing.

Any exploration of affordable housing development on City property, including to City facilities? Some discussion, but nothing in the works.

How can COA be of help? As funding proposals and projects move forward, consider advocating to Council via letters and testimony.

Conclusions

The Housing Committee, especially Bill and Bob, will continue to work closely with AHDC to explore assisted living and affordable housing development opportunities.

| Action Items | Person Responsible | Deadline |
|--|--------------------|----------|
| Send draft criteria to committee members | Jan | 5/22 |
| Committee comments due | Full Committee | 6/20 |
| Synthesize committee input | Carol, Jane, Jan | by 6/28 |
| Request meeting with P&Z | Jan | by 6/28 |

Agenda Item: Follow-up on April Assignments

Presenter: Jan Macidull et al

Discussion:

Done: Current NORC Listing from DAAS (2014 list from Debbie has been circulated by Terri). Bill attended Jackson Crossing dedication. Several members continue to represent COA at Ramsey development meetings. ARHA meeting with committee confirmed for June by Jan. Terri contacted Beasley Square Property manager to arrange meeting re. supportive services available from the City. Awaiting reply. Discussion took place at Executive Committee re. Claridge House resident request for help with neighborhood security. Liaison Ian Torrence has connected resident with area police contact, Officer Lloyd. These concerns may be addressed in a future Livable Communities focus group, among those to be held at Senior Independent Living facilities. Food and fliers announcing these events will help. Meeting with residents is an option which can be pursued. No Committee action at this time.

Underway: Committee criteria for reviewing potential development projects (draft being circulated to members for input). Will be added to in meetings with Planning and Zoning and Office on Housing, as follow-up to the Commission's meeting with Karl Moritz and Helen McIlvaine.

Conclusions

Good progress so far. Important to check TO DO's at each meeting.

| Action Items | Responsible | Due Date |
|---|--------------------|-----------------|
| Arrange meeting with P&Z re COA's review of and input on development projects | Jan | by June mtg. |
| Update NORC listing | TBD | |
| Identify trade assns. For property managers and homeowner assns.. Does VA. Hsg. Commn work with either? | TBD | |
| Get list of Property managers from City Housing Office | Carol Downs | September |
| Create list of benefits for property mgrs. And HOAs of onsite supportive services. | TBD | |
| Livable Communities Focus Groups at Senior Independent Living facilities and NORCs | Jane King | By year end |

Agenda Item: Upcoming Meetings

Presenter: Jan Macidull et al

Discussion: Roy Priest, ARHA's Executive Director, and Daniel Bauman, President will meet with the committee at its June meeting, with focus on ARHA's redevelopment plans and, in particular, the proposed Ladrey renovation. Bill Harris noted that Ladrey could benefit from looking at the renovation process undertaken by Culpepper Garden.

| Action Items | Responsible | Due Date |
|--|--------------------|-----------------|
| Schedule Fair Housing meeting for fall. | TBD | |
| Revisit committee mtg time and location (all to bring calendars....) | Jan | |

Senior Housing and Assisted Living

Potential Criteria for Reviewing Development Projects

1. **Housing Affordability**
 - a. **Subsidized units (Section 8. Other)**
 - b. **Affordable units >30% AMI - %AMI**
 - c. **Affordable relocation for seniors displaced by this project**
2. **Accessibility of Site to needed services**
 - a. **Access to public transportation, by those with limited mobility**
 - b. **Access to basics: affordable food; pharmacy; work; cultural, religious and community activities**
3. **Facility Design (Also see #4, below)**
 - a. **Universal design**
 - b. **Visitability features**
 - c. **External**
 - i. **Onsite open space**
 - ii. **Onsite natural surroundings**
 - iii. **Public entries have self-opening doors**
 - d. **Resident units and Shared Spaces***
 - i. **Features optimize hearing**
 1. **Acoustic ceilings and walls**
 - ii. **Features optimize ability to see**
 1. **Bright lighting (maximize natural light)**
 2. **Contrasting colors**
 - iii. **Features counteract resident isolation, e.g., shared spaces, WIFI, Cable**
 - iv. **Mobility in shared spaces (*) and individual units**
 1. **Individual resident units are on single level**
 2. **No irregular floor surfaces***
 3. **No steps (no small lips)***
 4. **32 inch clear passage space***
 5. **Electrical and climate controls located at reachable heights**

6. Blocking in bathroom walls allows for installation of grab bars.*
7. Level handles on doors, cabinets and plumbing fixtures
8. Doors are easy to open by those on walkers or using wheelchairs*
9. Lever handles on doors, cabinets and plumbing fixtures*
10. Handrails on both sides of stairways*
11. Smooth, slip resistant flooring or flat-pile carpet*
12. 5-foot turnaround space in smaller spaces (kitchen, bath)*
13. Countertops of varying heights
14. Heat-proof surfaces near cooking appliances*
15. Higher toilet seats (17 to 19 inches)*
16. Adjustable closet rods, shelves, and countertops
17. Roll-out shelves or drawers in cabinets

4. Safety

- a. Within individual units
- b. Within the facility
- c. Within the Neighborhood

5. Security

- a. Within the facility
- b. Within the Neighborhood

6. Sustainability Practices and Features

7. Resident Rights and Obligations

- a. Input into How Facility is Operated and Maintained
- b. Mechanisms for resolving resident complaints

8. Neighborhood Support and Involvement

Minutes from June 1, 2016 meeting of the Economic Development Committee

Attending: Mary Lee Anderson, Evelyn Quiles, Babs Waters, MaryAnne Beatty

Absent: Jane King, Joan Dodaro, Pat Miller

The meeting began at 10:30am at Emma's Coffee Shop, 105 Hume Avenue in Alexandria

Senior Consumers

Goal is to encourage businesses to offer discounts, services targeted to seniors.

Silver Service Program:

Mary Lee attended the May meeting of the Neighborhood Business Associations and feedback was very positive. The Boutique District group has already followed up, and three Old Town businesses have committed to the program. SSA has two senior interns from TC Williams who will be handing out flyers to restaurants and businesses in Old Town this week, and getting contact information for our followup. The business listing will be updated bi-weekly, and sorted by neighborhood. Babs is following up with Cameron Station businesses, and an SSA Board member is approaching those in Fairlington. Many seniors have received the card as a result of the article in the Alexandria Times, and SSA has begun giving them to seniors at our Speaker Series events and community presentations. Goal is to have participation all over the City by end of the summer.

Senior Employment

Goal is to help seniors find employment and to encourage businesses to hire seniors.

Evelyn reminded everyone about the flyer she had circulated about the June 9 hiring event for Senior Helpers. (copy attached) This is a great opportunity for seniors to find employment in this field.

The Alexandria Fire Department is looking for a volunteer intern to help with receptionist duties. The ideal candidate might be a retired senior with military background.

WDC continues to offer their workshops at the libraries and rec centers, and is open to presentations to groups at other locations. MaryAnne agreed to share that information with Guest House.

AARP Livable Community

A meeting is scheduled with Councilman Bailey for June 10, and Jane is drafting the formal letter of application to AARP. The Mayor and Council are very supportive of the initiative. Jane is looking for information about caregiver training programs for youth, and Evelyn advised that WDC does offer this type of training. She will email contact information for WDC staff who administer the program.

JCA Computer Training classes

JCA has not followed up about a new site for their Alexandria program. Mary Lee is following up on recommendations from John Porter (ACT) of two local schools who might be interested in supporting a satellite program for seniors.

New Business

We discussed changing the regular day for our meetings to the first Tuesday of the month, which works for Babs, Evelyn, MaryAnne and Mary Lee.

Our next meeting will be TBA - perhaps in the West End. The meeting adjourned at 11:15am.

Submitted by: Mary Lee Anderson

Diversity Committee Minutes

May 23, 2016

Attendees: Carol Downs, Jane King, Kiyah Tyler, Vanessa Greene

Absent: Jenny Chin, Nat Zewdu, Reggie Banks, Alan Dinsmore, Christine Fulgencio

Meeting was called to order by the Co-Chair, Vanessa Greene. The agenda was presented by Vanessa and approved by the members in attendance.

Agenda Items: Outreach to the Following communities:

1. **African American Community**
Vanessa reported that she has not been able to connect with the senior ministries of both Shiloh and Alfred Street Baptist churches. Kiyah reported that she has a meeting with Sarah Robertson of Shiloh Baptist Church the next day and that she would be happy to mention the desire of the Diversity Committee and Commission on Aging to engage with their senior population/members. Kiyah also shared another contact with Alfred Street Baptist Church, Sylvia Barrett. Additionally Kiyah gave a background of her non-profit "I HEART Seniors, LLC" initiative.
2. **Korean and Asian Community**
Jenny Chin was not present however Carol reported that she (Jenny) had been in touch with a Korean church and would be placing Aging information/resources in the Korean Times newspaper.
3. **Filipino and Hispanic Communities**
Christine was not present but Carol gave her report in which she stated that there weren't many Filipino elderly citizens within Alexandria and that her focus would be more on the Hispanic community within her church. Jane shared that it would be helpful to identify Hispanic leaders within the community.
4. **Ethiopian Community**
Nat Zewdu was not present, therefore no report was given.
5. **Alexandria as an Age Friendly Community**
Jane reported that she still needed to meet with council members John Chapman & Willie Bailey to receive total council approval of the Age Friendly Plan. She also spoke about "Community Ambassadors", an initiative to identify volunteer community members/leaders that would ensure that communities within the City are informed of services for the elderly.
6. **LGBT Community**
Alan Dinsmore was not present therefore no report was given

Vanessa shared that regretfully she will be resigning as Co-Chair of the committee, effective June 30, 2016. She stated she will still work with the committee but would not be actively engaged as chair.

The meeting was adjourned at 6:45 p.m. and the next Committee meeting is scheduled to be held Monday, June 27th at 5:30 p.m. at Panera's, 3201 Duke Street.

