

PERSPECTIVES IN PARENTING

Fall 2011

HELPING YOUR CHILD NAVIGATE THE WORLD

Watch over your child:

Always know where your child is and let your child know what is safe and how to ask for help.

Enjoy with your child:

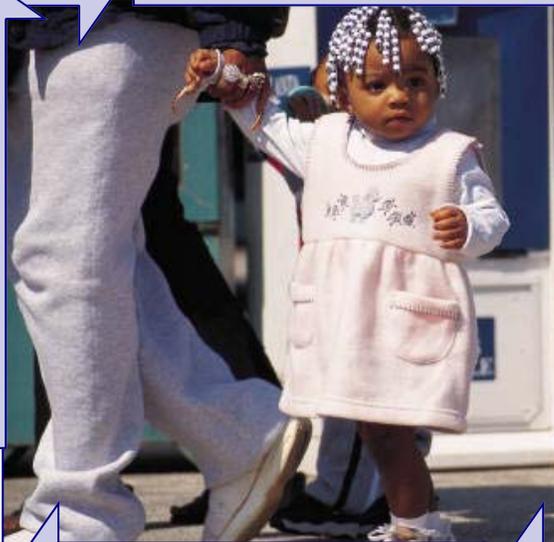
Your child loves praise and celebrating things they can do with you. They like to do their favorite activities over and over again!

Welcome your child at all times:

Part of learning is making mistakes, and your child wants to know he can come to you no matter what he did or how he feels.

Plan ahead:

Let your child know what to expect when there are changes in the routine. Pair activities he doesn't like with something he enjoys doing.



Your child uses you as a safe base from which to explore the world, and needs you to guide him through daily successes and failures to learn.

Give your child limits:

Your child is asking you to take charge when he loses self-control. Reinforce positive and negative consequences so your child knows you mean what you say.

Help your child:

Show your child how to calm down, and how to try again until he succeeds. Let your child know you believe he can do it!

Organize your child's feelings:

Use words to identify how your child is feeling and how he can express his big feelings and be understood.

**Department of
Community and
Human Services**



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FALL FOR FUN

Alexandria Festival of the Arts

Date: September 10th from 10am-7pm & 11th from 10am-5pm

Location: Alexandria Visitors Center at Ramsay House
King Street, between Washington and Union Streets

Phone: (703) 746-3301

Old Town Alexandria's King Street from Washington Street to the waterfront is transformed into an outdoor art gallery with original fine artwork by over 200 artists from the US and abroad at this 9th annual event. The "Alexandria Art Experience" features hands-on projects, artist demos, and a sale of artist-made ceramic ice cream bowls, presented by The Art League and the Torpedo Factory Art Center.

Talk like a Pirate Day

Date: September 18th from 11 am-4 pm

Location: Potomac Riverboat Company

Phone: (703) 684-0580

Ahoy Matey! Explore Alexandria's waterfront history and discover you inner pirate on Talk like a Pirate Day. Event activities include hunting for treasure, listening to pirate stories, sailing on the Potomac River and so much more!!! Stay alert Land Lubbers! More information soon to follow.

Autumn Serenade by the Alexandria Singers

Date: September 10th from 5-7 pm

Location: Alexandria Singers King Street Festival of the Arts, Market Square

Autumn Serenade, presented by the Alexandria Singers, the Washington area's "Premier Pops Chorus," features exciting selections of American popular music, including Broadway, film, jazz and pop; from Sinatra's "Come Fly With Me" to Toto's "Africa!" Engaging choreography and great accompanying instrumentalists are hallmarks of the Singers. The Singers welcome featured guests including ensembles from the Alexandria Harmonizers and DC's Singing Capital Chorus, two of the area's top a cappella organizations & Karen Reedy Dance.

Art on the Avenue

Date: October 1st from 10 am - 6 pm

Location: Mount Vernon Avenue, in Del Ray

The 16th annual festival includes over 350 juried artists stretched along 10 blocks of Del Ray's Mount Vernon Avenue with four stages for music plus American and ethnic food and numerous kids art activities.

Tall Ship Godspeed at Alexandria's City Marina

Date: October 4th through 10th

Location: Alexandria Marina, Behind the Torpedo Factory

Phone: (703) 838-4265

The Jamestown-Yorktown Foundation will dock the 17th century replica tall ship, Godspeed. Educational programming will be available on October 4-7 from 10 a.m. to 2 p.m., and unscheduled public tours will be available on October 4-7 from 3 p.m. to 6 p.m.; October 8 from 10 a.m. to 1 p.m.; and October 9 from 10 a.m. to 6 p.m.

Arts Safari & Museum Open House

Date: October 8th from 12-4 pm

Location: Alexandria Archaeology Torpedo Factory Art Center, 105 N. Union Street, Alexandria, VA 22314

Phone: (703) 746-4399

The Torpedo Factory Art Center hosts its annual Alexandria Arts Safari, a festival of hands-on arts and crafts activities for kids and their families. The Potter's Art activity presented in the Alexandria Archaeology Museum is designed for kids of all ages! Learn to identify 19th-century Alexandria's potters from the designs applied to salt-glazed stoneware pottery and create your own take-home drawing.

One + One, Twice the Fun: A Concert by Virginia Bronze

Date: October 16th at 4pm

Location: George Washington Masonic Memorial Auditorium, 101 Callahan Dr., Alexandria, VA

Playing duets is so exciting that Virginia Bronze, welcomes the Westminster Ringers of Maryland, in a program featuring music for two ensembles as well as works for each individual group. Virginia Bronze and Westminster Ringers, auditioned community handbell ensembles, perform original and arranged secular concert music on handbells and handchimes.

City of Alexandria Holiday Tree Lighting

Date: November 25th from 7-9 pm

Location: Alexandria Visitors Center at Ramsay House
Market Square, 301 King Street, Alexandria, VA

Phone: (703) 746-3301

Celebrate the official opening of the holiday season in the City of Alexandria at the Annual Tree Lighting Ceremony at 7 p.m. at Market Square, 301 King Street. Activities include the lighting of the City's official holiday tree, community caroling, Frosty's Follies dance performance, and a visit from Santa Claus.