

Girl Scouts of America Badge Requirements

Brownies

SNACKS

Step 2 Make a Savory Snack

-Make your own restaurant snack – using the recipes in Part 3, have your troop create exciting 18th century snacks.

Step 3 Try a Sweet Snack

-Create a holiday dessert – using the recipes in Part 3, have your troop create a dessert from the 18th century.

Step 4 Snack for Energy

-Create a snack for a group – using the Seasonal Food chart in Part 3, have your troop explore how 18th century women followed the seasonal harvests to create snacks for their families.

Step 5 Slurp a Snack

-Create a party punch – Party punch was very popular during the 18th century. Using the recipes in Part 3, have your troop recreate a party punch that George Washington would have served to his guests.

DANCER

Step 1 Warm up and get moving

-Use the music – Use the 18th century music to jam like the Founding Fathers.

Step 2 Try a new dance

-Do some famous moves – Watch the dance DVD and have your troop try out some of the moves.

Step 3 Take to the floor like a dancer

-Pretend you're a Girl Scout in 1930 – Watch the dance DVD and learn how to curtsy, demonstrate proper carriage, and demonstrate correct standing positions.

Step 5 Show your moves!

-Throw a dance party – Using Parts 1-5 in this Outreach Kit, have your troop throw an 18th century dance party

-Perform a dance show for your community or family – Have your troop show off their new moves to their community, encourage your troop to teach audience members some of the steps.

Juniors

SIMPLE MEALS

Step 2 Whip up a great breakfast

-Create an egg dish – Have your troop use eggs to create a dish worthy of General Washington using the resource section of Part 3. Have them try the Spinach Toast which was a fancy appetizer that would usually be arranged in an elaborate fashion on a serving dish.

Step 3 Fix a healthy lunch or dinner

-Pocket food – Using the recipes in Part 3 have your troop make the Pink Colored Pancakes, or have them try the Asparagus Forced into French Rolls.

Step 4 Create a delicious dessert (Choose one)

-Make a dessert you've never tried before – Using the recipes in Part 3 have your troop try some of the 18th century desserts.

-Make a holiday dessert - Using the recipes in Part 3, have your troop create a holiday dessert from the 18th century.

Step 5 Make your own meal

-Make three dishes for one meal – Using the recipes in Part 3, have your troop create an 18th century feast!

SCRIBE

Step 1 Start with a poem

-You can use Part 1 to complete all three activities in this Step.

Step 2 Create short story

-You can use the resource section in Part 1 to have your troop research a historical character to be used in all three activities.

PLAYING THE PAST

Step 1 Decide who you are

-Write a speech for your character – Use the Advanced activities in Part 1 to have your troop write a toast for an 18th century ball.

Step 2 Create a Costume (Choose one)

-Do it yourself – Use the Advanced activity in Part 2

OR

-Make two or three accessories – Use the Basic activity in Part 2

Step 3 Experience daily life

-Food and meals – Part 3 has activities and recipes your troop can use to create an 18th century meal.

Step 4 Have some old-fashioned fun (Choose one)

-Play a game – or two – Use the activities in Part 4 to have your troop explore 18th century games.

OR

-Create art – Use the dance DVD to have your troop learn an 18th century dance.

Step 5 Become your character (Choose one)

-Make your own event – Using all four parts of this Outreach Kit, have your troop throw an 18th century ball for their friends and family.

OR

-Have a living history party – Using all four parts of this Outreach Kit, have your troop throw an 18th century ball at your troop meeting